# Fractures and Assessment of the Injured Patient

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### Aims

- Common facial fractures
- Signs of fracture
- Assessment (radiographs)
- Classification
- Management





## **Mandible**

#### Common signs and symptoms:

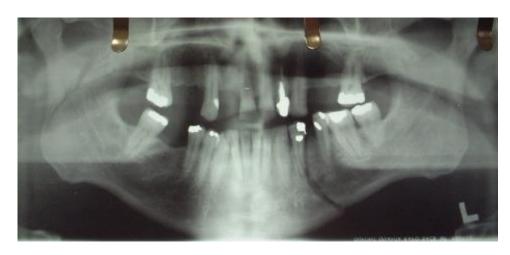
- Change in bite
- Restricted mouth opening
- Mobility
- Numb lower lip
- Sublingual haematoma

## Mandibular views

Minimum 2 views at 90 degrees

Must see condyles

Multiple fractures are common

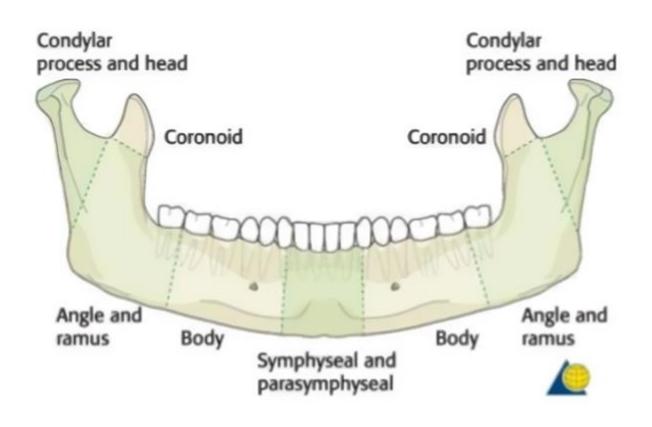


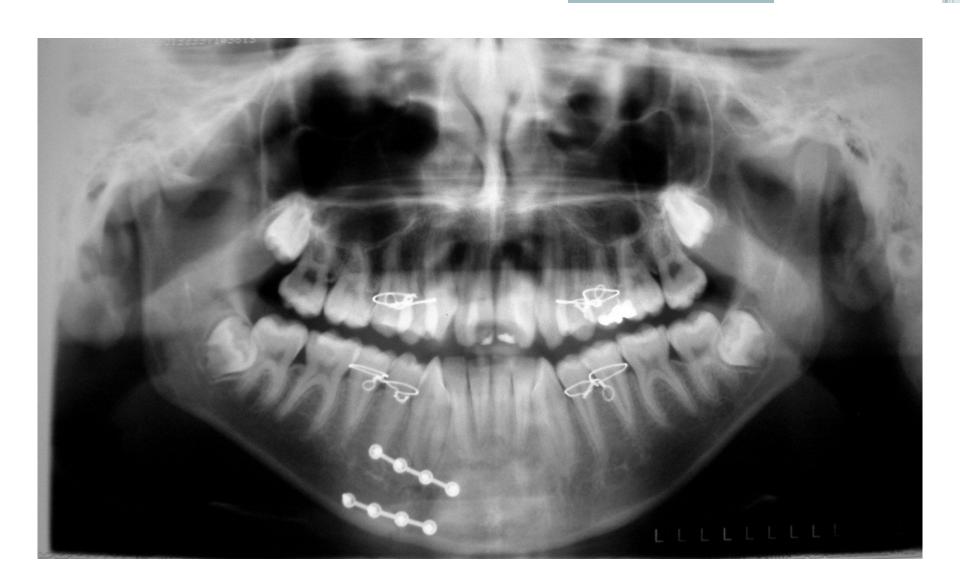






# CLASSIFICATION OF MANDIBULAR FRACTURES





### **IMF**

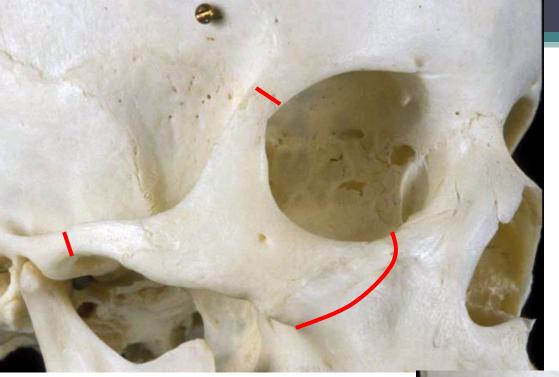
- Types of IMF
  - IMF screws (self tapping)
  - Arch bars
  - Hybrid IMF
  - PRB hooks
- Purpose of IMF is to hold bite in correct occlusion affording stability and bony healing

# "Crumple zone"

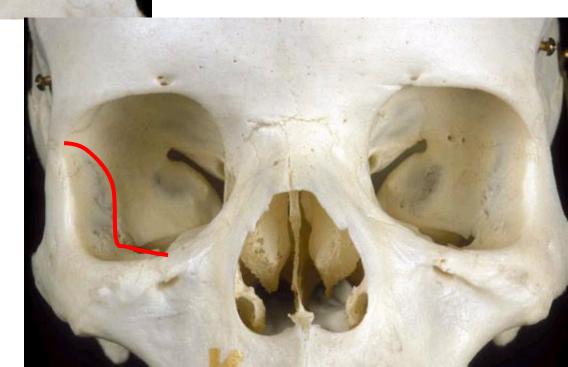
Absorbs impact

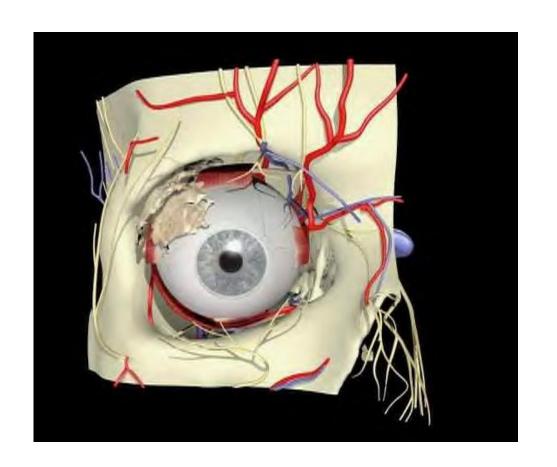
Protects the brain

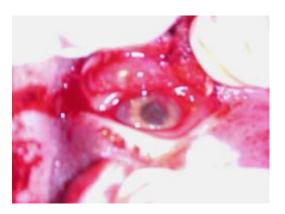




Zygoma
Malar
Tripod
Cheek









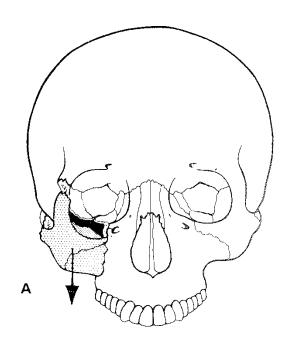
The eye takes priority

#### **Function**

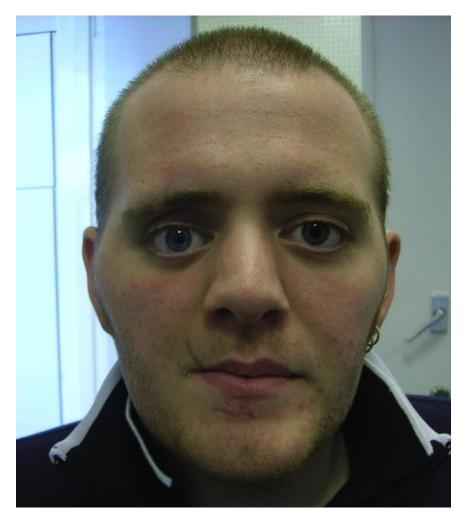
Double vision
Eyelid support
Numbness
Mouth opening

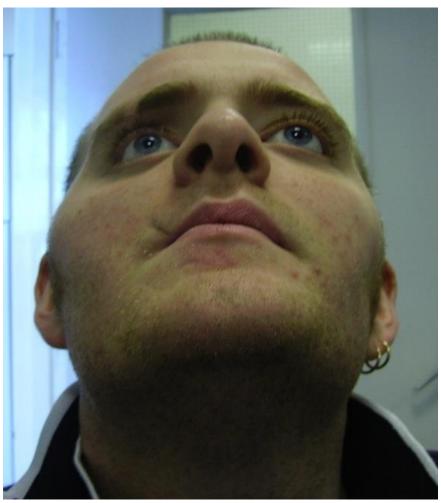
#### Cosmetic

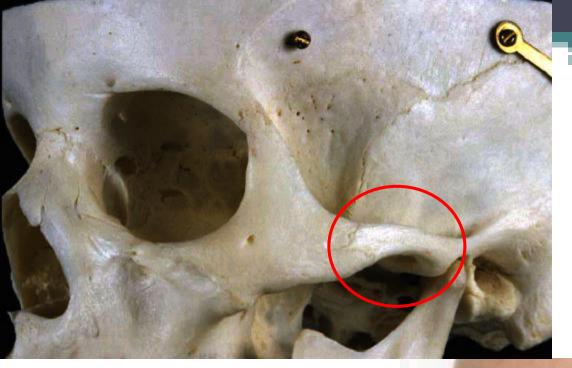
Cheek prominence
Appearance around the eye



# Untreated Zygoma

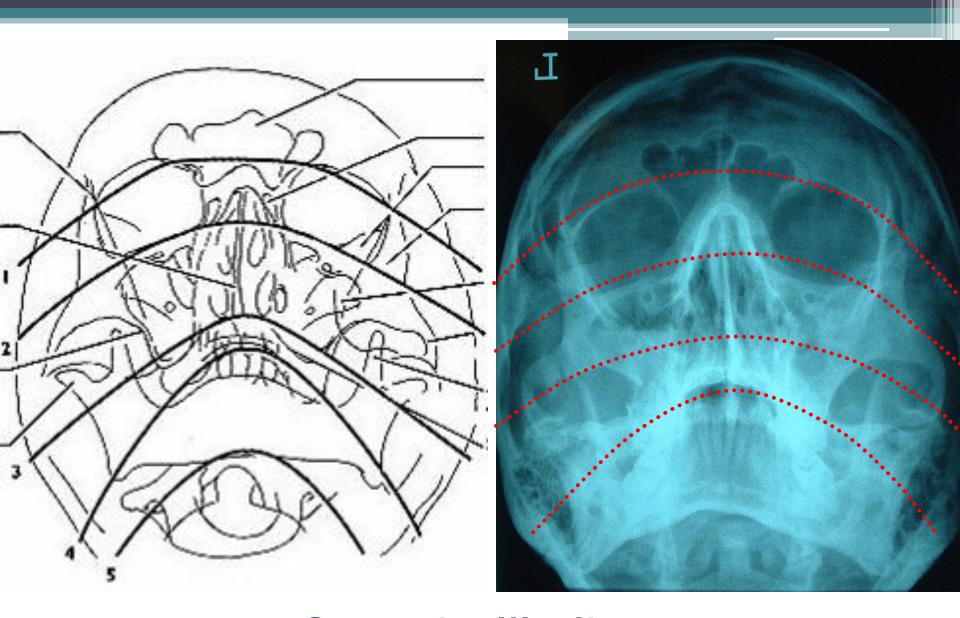




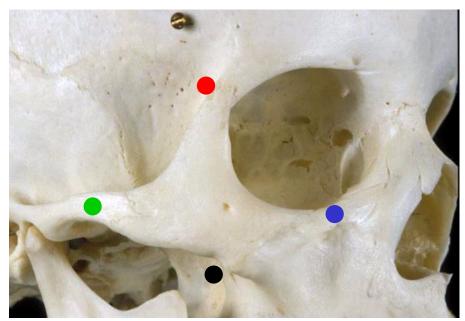


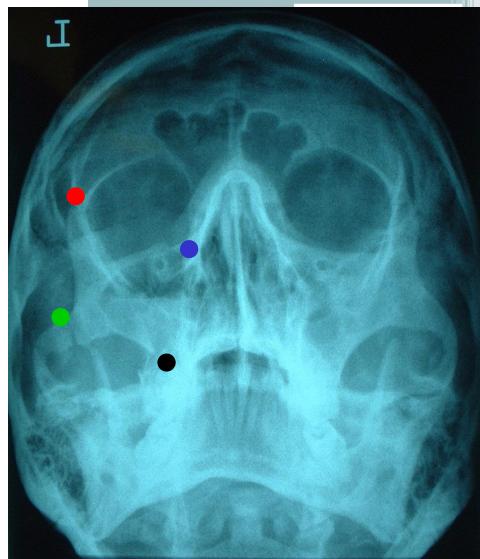
# Zygomatic arch





Campbell's lines





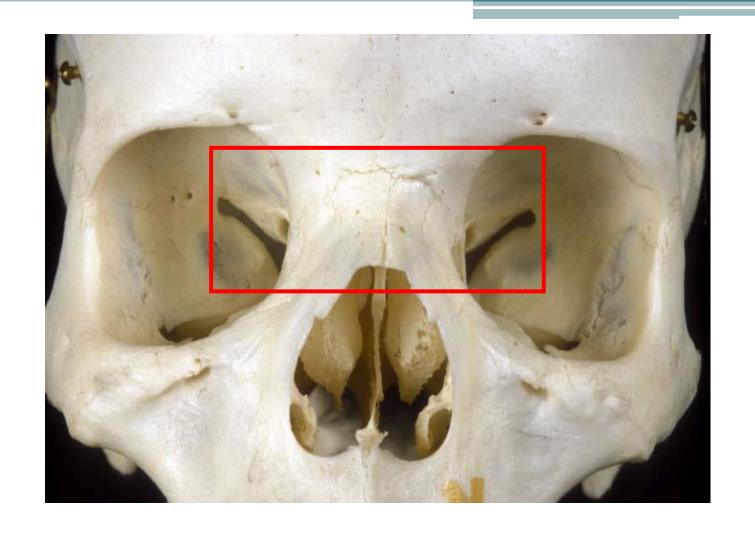
# **Nasal Bones**



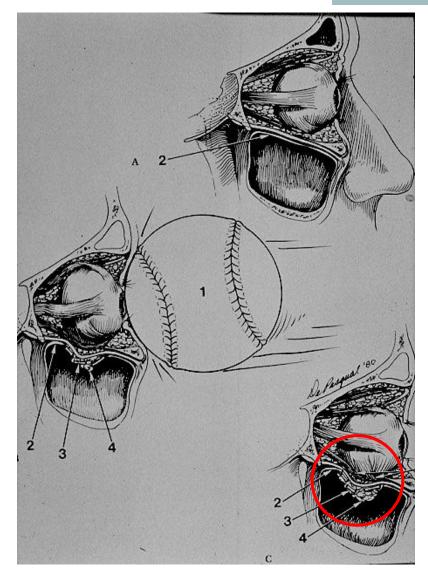
Just a broken nose? Consider...

CSF leak
Vision
Septal haematoma
Intercanthal distance





# **Naso-orbito-ethmoid complex**

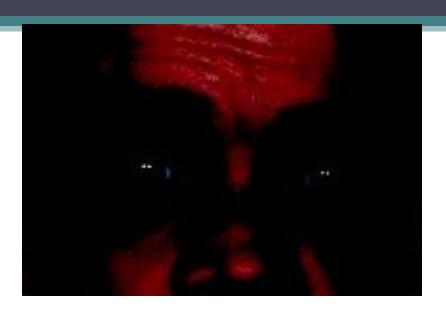


"Blowout" fracture

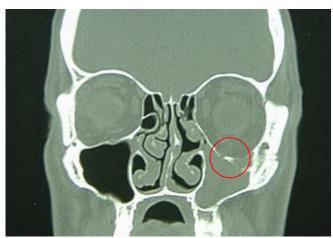
### Clinical features

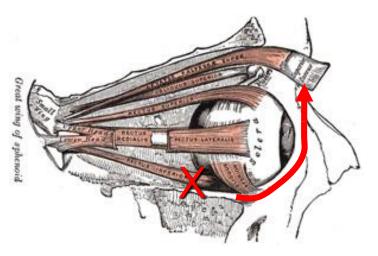
Change in position of the eye Restriction of eye movement Double vision

**ALWAYS RECORD VISUAL ACUITY!!!** 

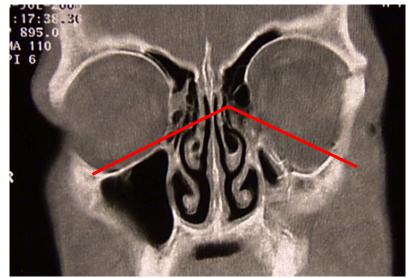










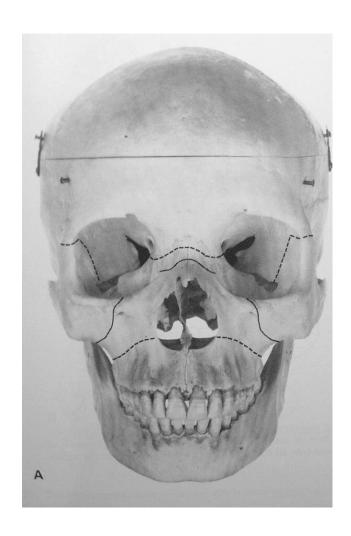


# Enophthalmos/Hypoglobus (volume)

# "Tear-drop"



# Le Fort (Midface)



#### **Frontal sinus**



# Multiple fractures



### Clinical Assessment

- Rule out other injuries / more pressing issues
- Develop your own systematic examination and documentation process
- EPIC smartphrases useful to aid memory
- Practice +++ trauma clinic, admitting patients,
   ED calls
- Learn from missed injuries we have all done it

### Clinical Assessment

- Orbital rims / Frontal region
- Eye movements / restriction
- Nose incl septum
- Arches
- Prominences
- Midface stability
- Mandible, TMJ, opening, lateral movements.
- Teeth, occlusion and oral mucosa

# Helpful hints

- Look at CT scan in 3d many fractures are clearly apparent. Can get caught out with orbital floors/medial orbits
- Read the CT report
- If in any doubt ask for advice. Better to have a short delay than accepting a patient that you cannot manage, ie head injury, ruptured globe etc
- Try to improve your own ability to interpret scans
  - the ward round is a teaching event every day.