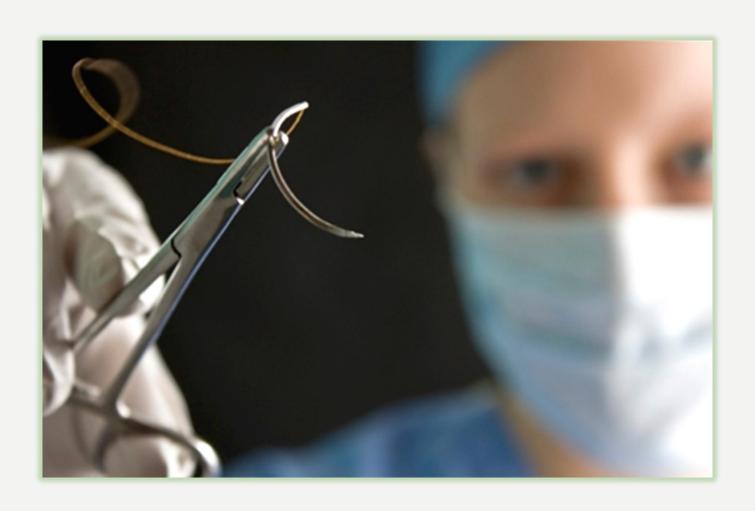
SUTURING LECTURE

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22ND SEPTEMBER 2025

SUTURING WORKSHOP



AIMS & OBJECTIVES

- I) Discuss principles of suturing in oral surgery
- 2) Recognise the relevant instrumentation required.
- 3) Appreciate the properties of an ideal suture material
 - 4) Recognise 'basic' suturing techniques
- 'hands on' approach to suturing

Basic Surgical Principles



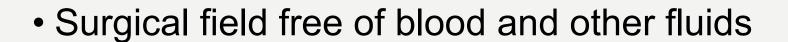
Adequate assistance

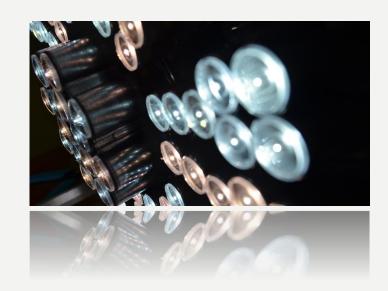


Adequate visibility

Adequate visibility

- Access
- Lights





Instrumentation

Use 3 point contact – increased precision

- Extend finger along instrument
 - Provides extra stability
- Place ONLY fingertips through hand loops
 - Rotation from the wrist
 - Greater control
 - Quicker to pick up and put down

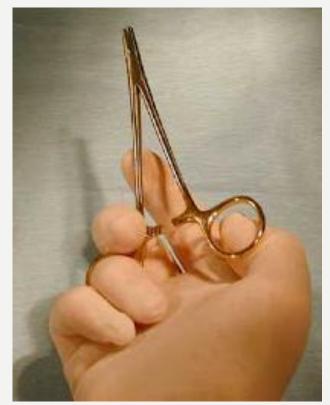


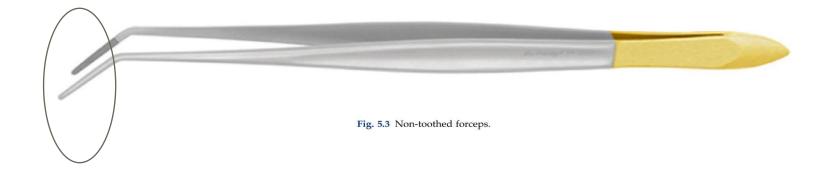


Fig. 5.2 Toothed forceps.

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Fig. 5.9 Needle holders.

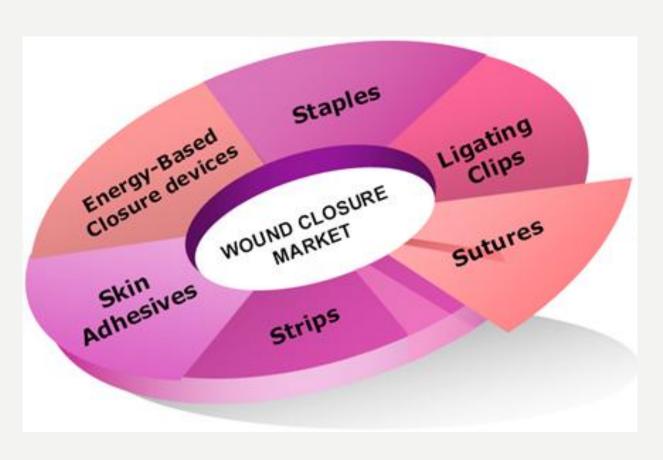
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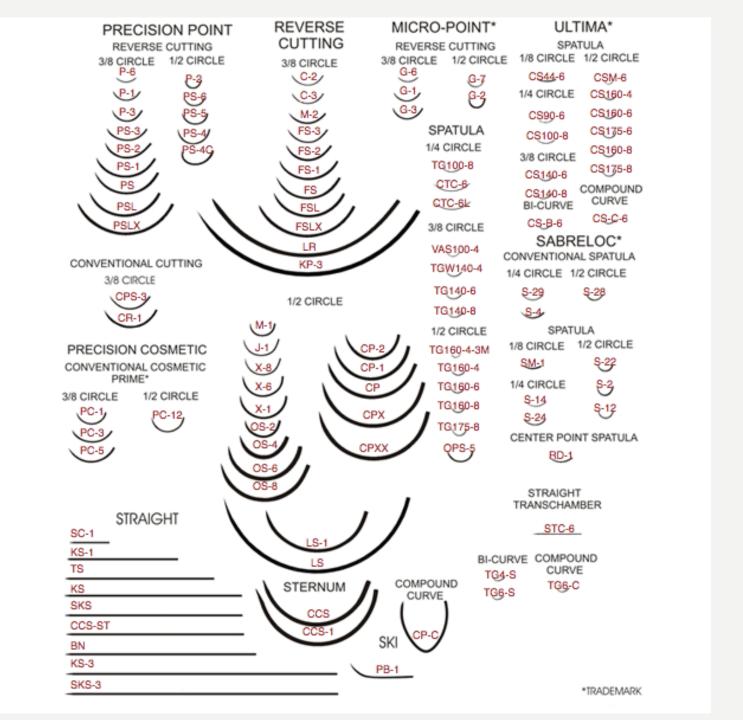
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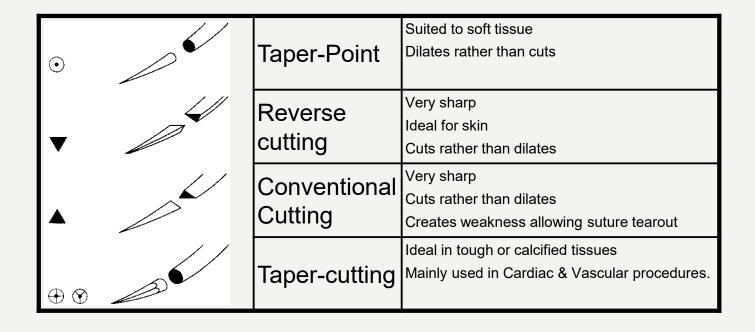
McIndoe Scissors

Wound Closure

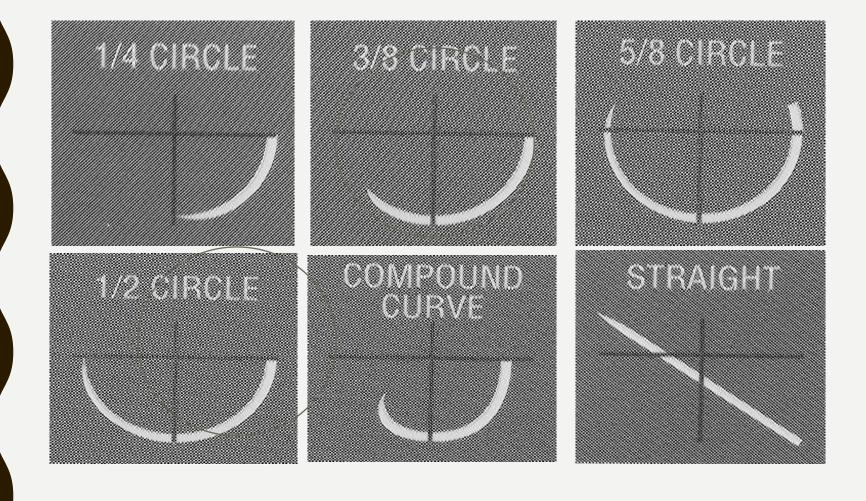




Tip: Needle Point Geometry



Body: Needle Curvature



THE RIGHT NEEDLE CHOICE

• The appropriate needle choice for any situation is:

• ... The needle that will cause least possible trauma to the tissue being sutured

- Adequate tensile strength
- Functional strength
 - Non capillary
 - Non reactivity
 - Flexibility & elasticity
 - Easy to handle

- Knotable
- Easily sterlisable
- Uniformity
- Smooth surface
- Monofilament
- Absorbility

ABSORBABLE

Those that are absorbed or digested by the body cells and tissue fluids in which they are embedded during and after the healing processes.

NON-ABSORBABLE:

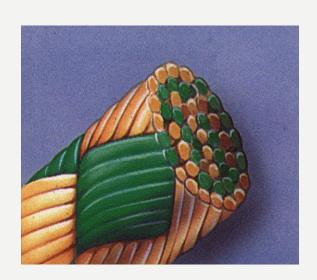
Those suture materials that can not be absorbed by the body cells or fluids. They are removed after healing is complete.

Suture Materials: Structure

Monofilament

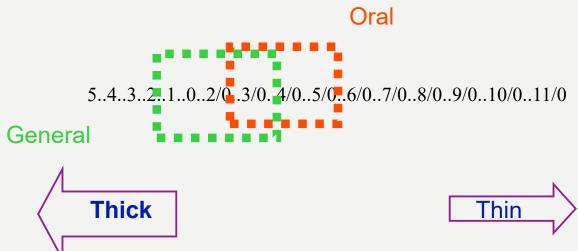
Multifilament (braided)











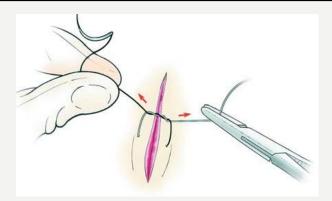


Approximate wound edges without gaps or tension

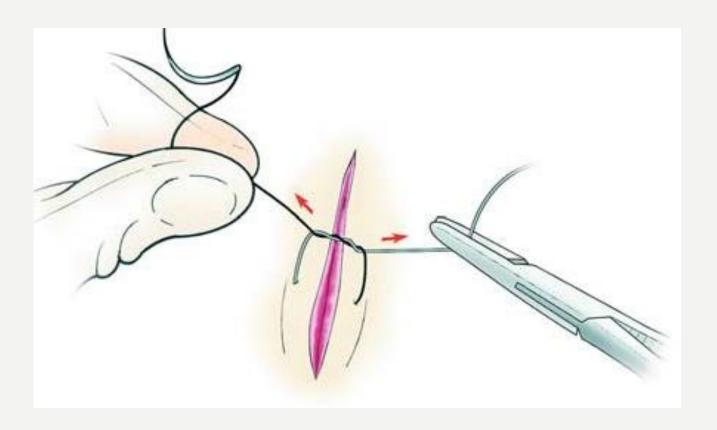
Size of 'bite' and interval between bites should be equal in length - proportional to thickness of tissue being approximated

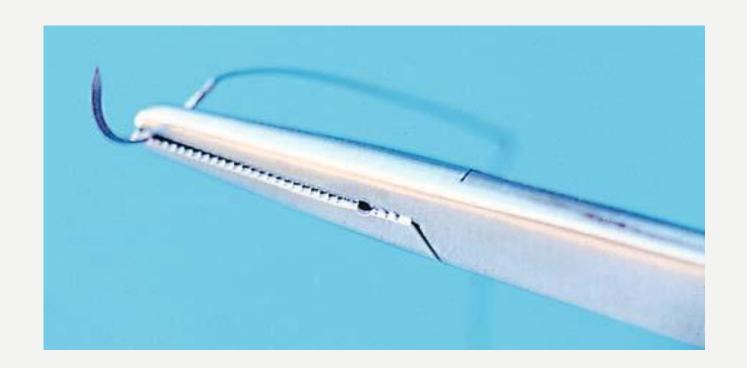
N.B. Suture material is a foreign body

Use minimal size and amount of suture necessary to close the wound



SUTURING

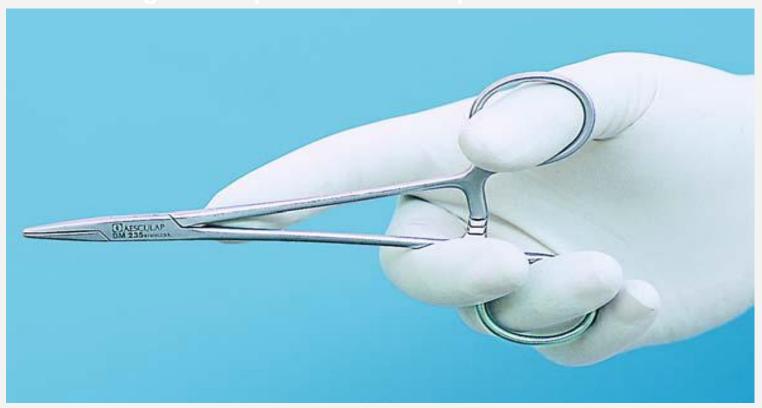


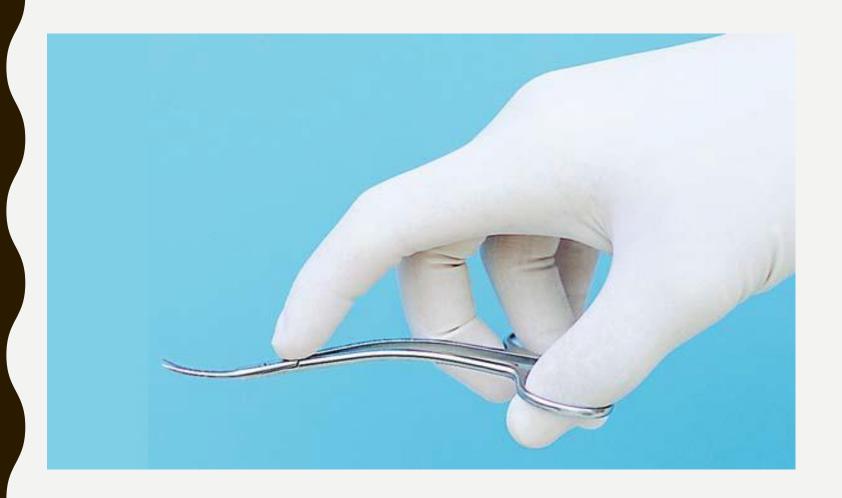


Beak of the needle holder grasps a suture needle.

The needle holder's beak face is crosshatched, ensuring stability of the needle during tissue penetration

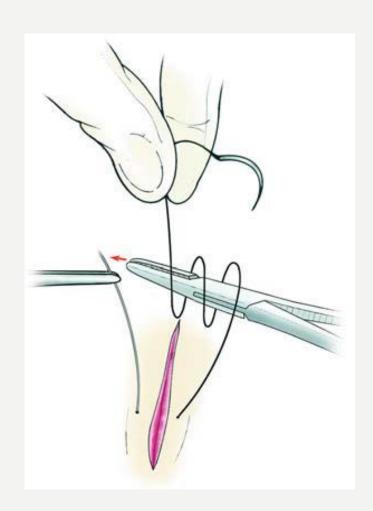
Suturing Techniques : Tools Manipulation

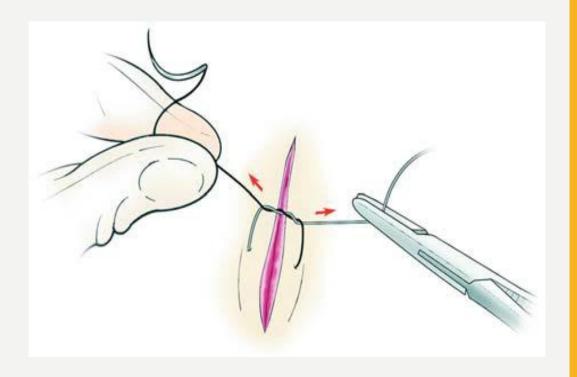




SUTURING TECHNIQUES: KNOTS

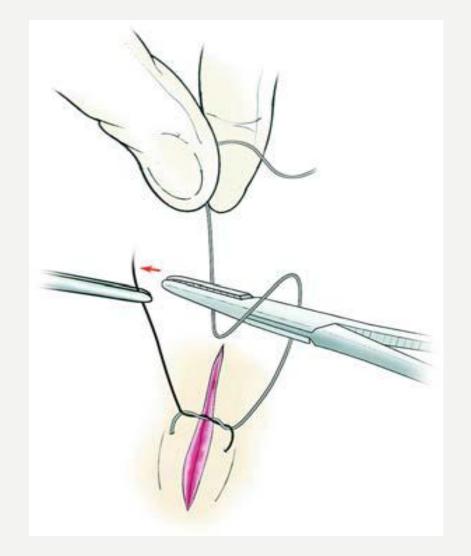
Suture is initially wrapped twice around the needle holder



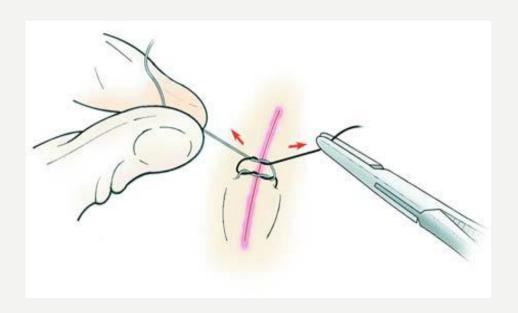


The two ends of the suture are tightened to create a surgeon's knot over the wound (double knot)

Safety knot, created by the single wrap of the suture in the anticlockwise direction as opposed to the first one

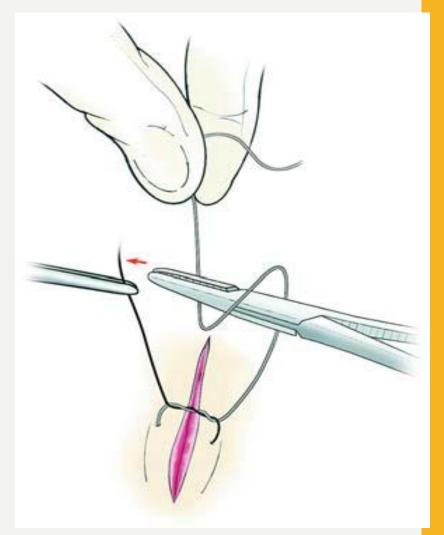


SUTURING TECHNIQUES: KNOTS



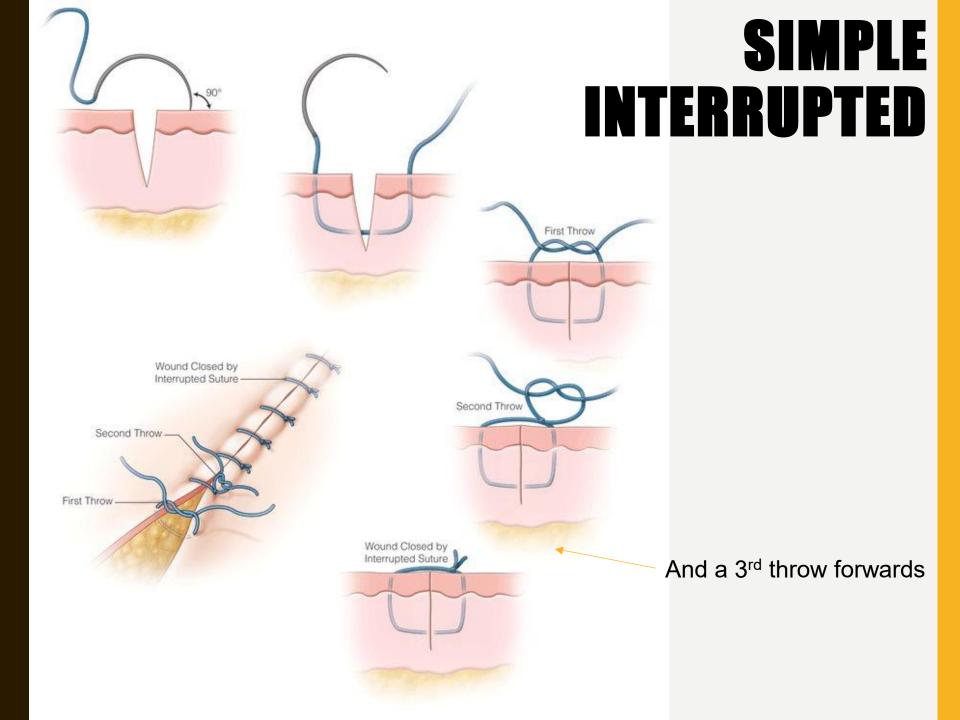
Tightening of the safety knot over the initial surgeon's knot

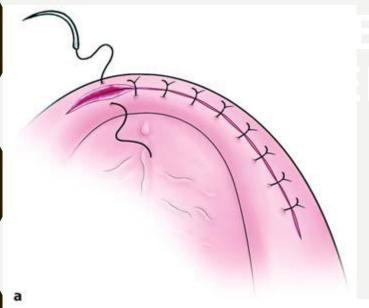
And one more but clockwise



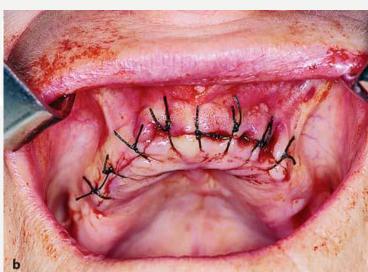
The main sutures used in oral surgery are the

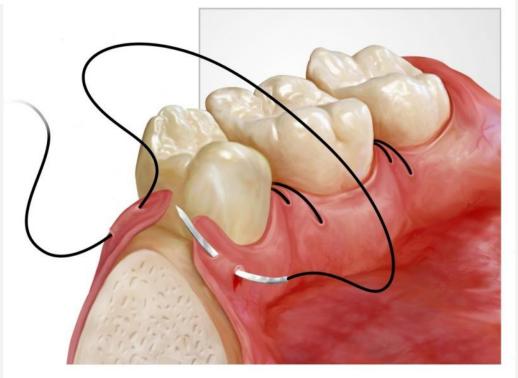
- Interrupted
- Continuous
- Mattress sutures

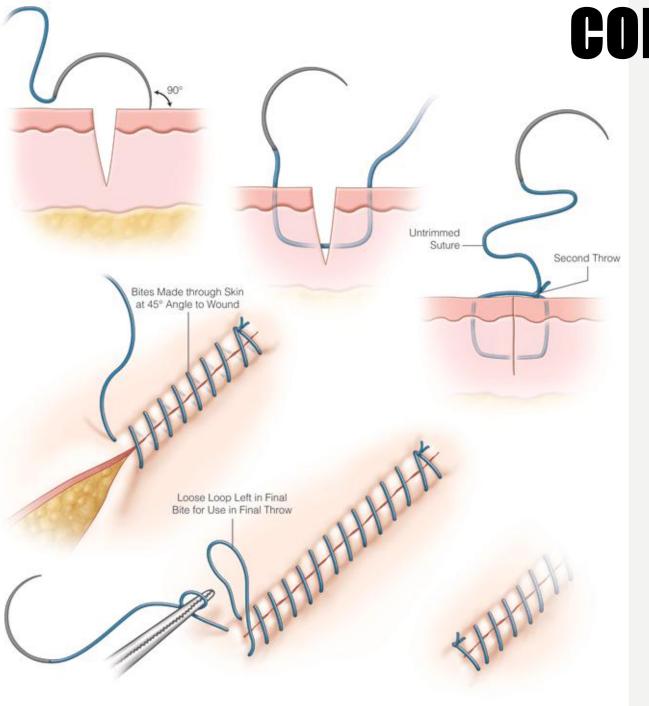




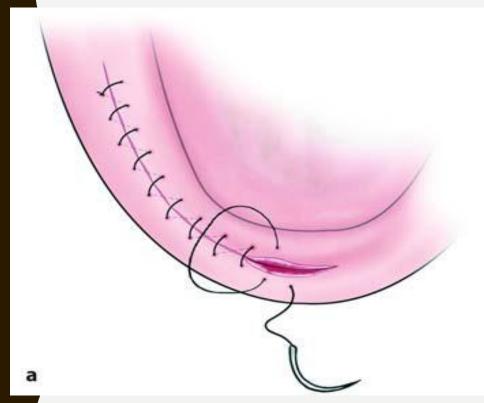
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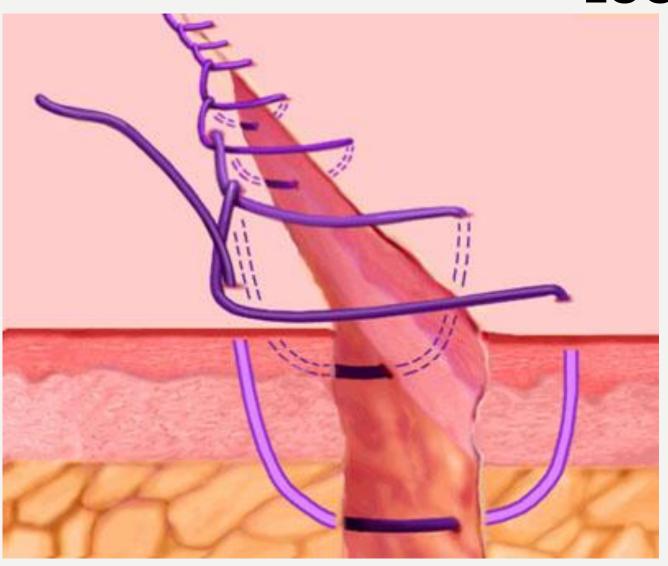


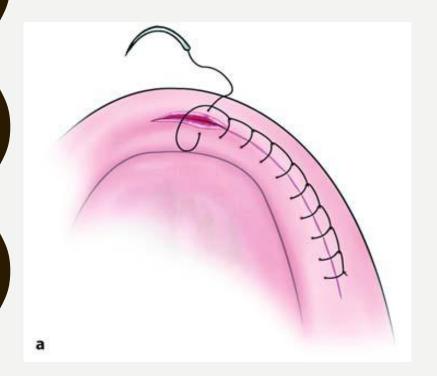
CONTINUOUS

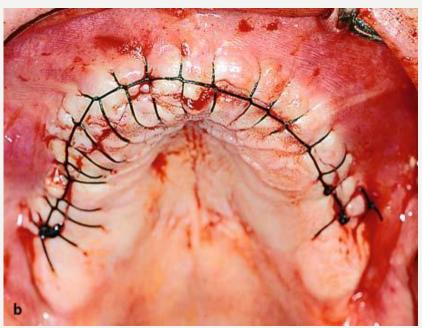




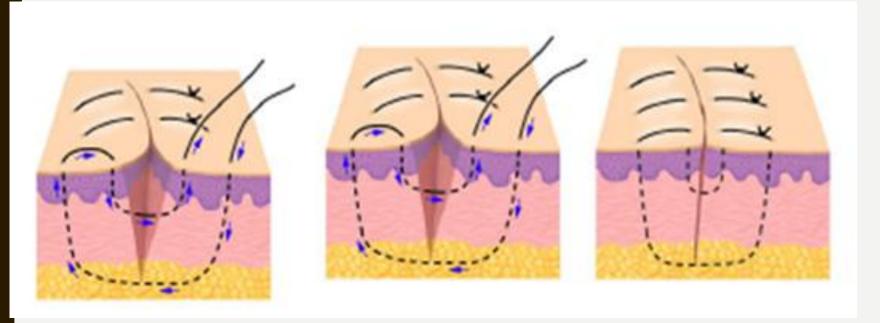
CONTINUOUS LOCKING

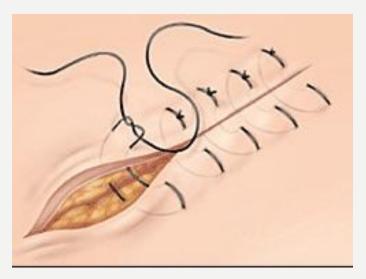






Vertical Mattress





HORIZONTAL MATTRESS

