

# Dental Core Training and the Educational Programme

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# What is Dental Core Training?

- A period of supported postgraduate development which extends from the end of Dental Training to the start of Specialty Training, general practice or other available career options
- 3 separate 12-month fixed term programmes
- Competency based and assessed with an ARCP at the end of each year

# The Purpose of DCT

- Experience work and training in a different setting in supportive environment
- Learn to manage patients referred from Primary Care with complex medical and dental conditions
- Become part of a large multidisciplinary team
- Develop clinic, communication and leadership skills
- Develop your preference career choice

# Competency based training

NIMDTA

Oversees the delivery of the training

NHS Trusts  
Training Providers

Others

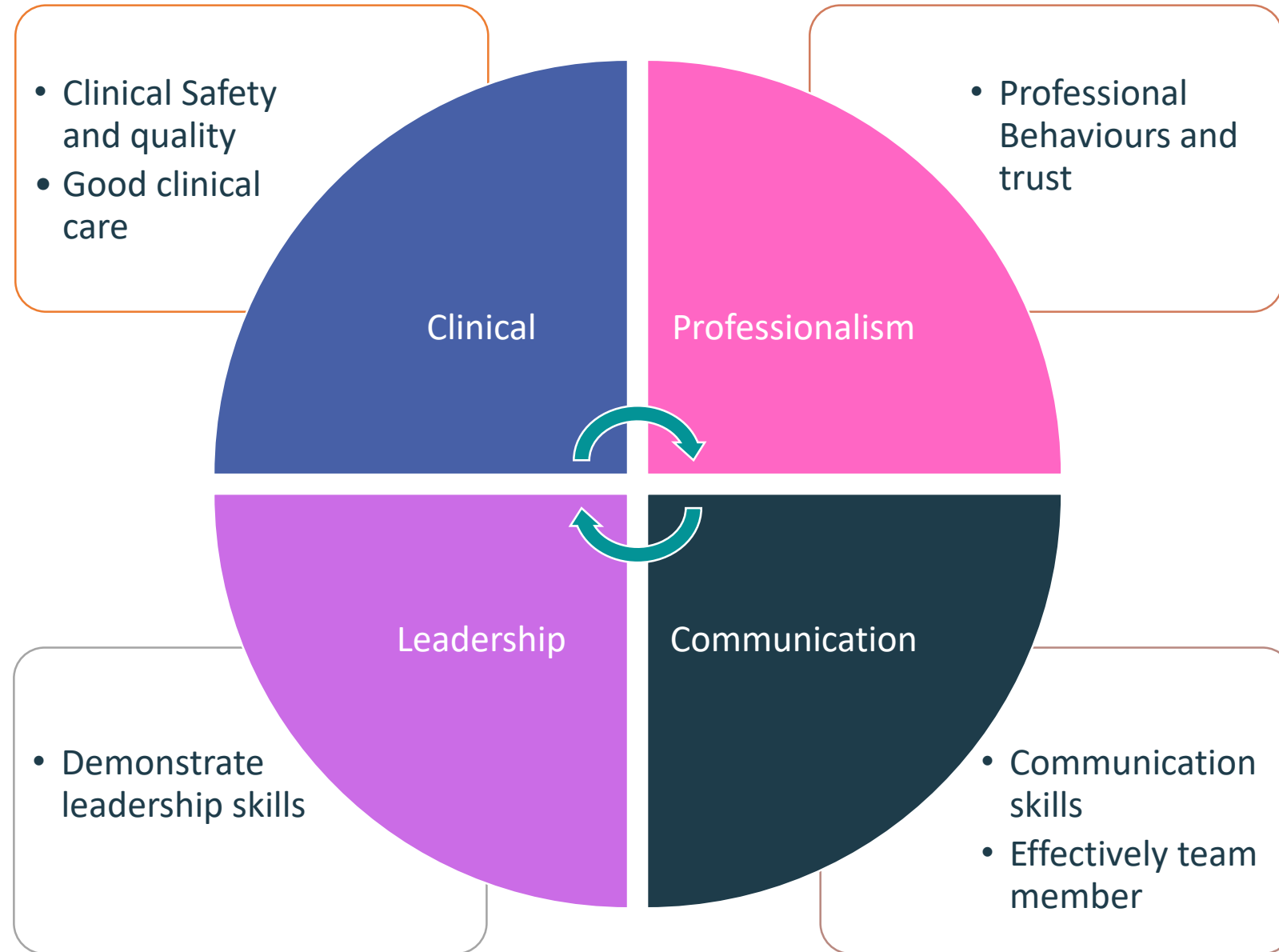
Educational  
Supervisors

Clinical Supervisors

Training Programme  
Directors

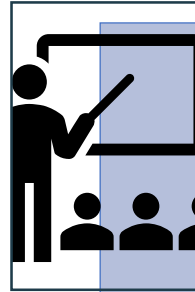
Trainees demonstrate required competencies

# Curriculum

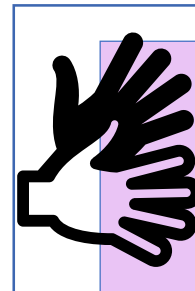


# DCT Study day Programme

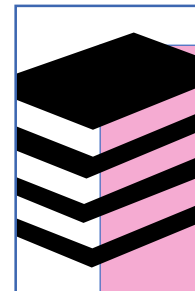
Date	Time	Course	Venue
Tues 9 Sep 2025	9.30am - 4.00pm	DCT Induction Day 1 - Various Facilitators	Mossley Mill, Newtownabbey
Mon 22 Sep 2025	9.15am- 4.00pm	DCT Induction Day 2 - Various Facilitators	NIMDTA, Belfast
Tues 30 Sep 2025	9.30am - 4.00pm 1.00pm- 3.30pm	New DCTs only - ILS training & Safeguarding Returning DCTs only- ILS training	NIMDTA, Belfast
Fri 17 Oct 2025	9.00am - 4.30pm	NIMDTA conference: Focus on Diagnosis	Mossley Mill, Newtownabbey
OPTIONAL STUDY DAYS - If you would like to attend optional study days you will need to apply for study leave at your local Trust and also through NIMDTA. You can download an application form and guidelines from the NIMDTA website <a href="https://www.nimdt.gov.uk/study-leave/">https://www.nimdt.gov.uk/study-leave/</a> . Completed application forms should be submitted to <a href="mailto:studyleave.nimdt@hscni.net">studyleave.nimdt@hscni.net</a> .			
Mon 10 Nov 2025	9.00am - 5.00pm	BDA HDS study day	Dunadry Hotel, Antrim
Wed 19 Nov 2025	9.30am- 4.30pm	Hunan Factor training	NIMDTA, Belfast
Thurs 18 Dec 2025	9.30am - 4.30pm	Hands On Restorative Dentistry - S Killough	CTL School of Dentistry
Tue 13 Jan 2026	9.30am - 4.30pm	DCT/FD Joint Study Day	Mossley Mill, Newtownabbey
Tues 3 March 2026	Interim RCP Panel All evidence to be uploaded by 10 February 2026		Further details to be provided
Tue 21 April 2026	9.30am - 4.30pm	Hands On Endodontic training- J Barnes	NIMDTA, Belfast
Tues 23 June 2026	9.30am - 4.00pm	QI/Audit Presentations	NIMDTA, Belfast
Tues 7 July 2026	9.30am - 4.30pm	Hands-On Restorative Dentistry - C McLister	CTL School of Dentistry
Tues 4 Aug 2026	Final RCP Panel All evidence to be uploaded by 14 July 2026		Further details to be provided



10 Study days



3 Hands On



Alternative courses

# DCT Mid Year Survey 2024-2025

## Clinical Teaching & Support

87% - GOOD CLINICAL TEACHING

56% - AGREED THAT THEY RECEIVED SUFFICIENT HANDS ON EXPERIENCE

87% - ADEQUATE OPPORTUNITY FOR APPRAISAL AND FEEDBACK

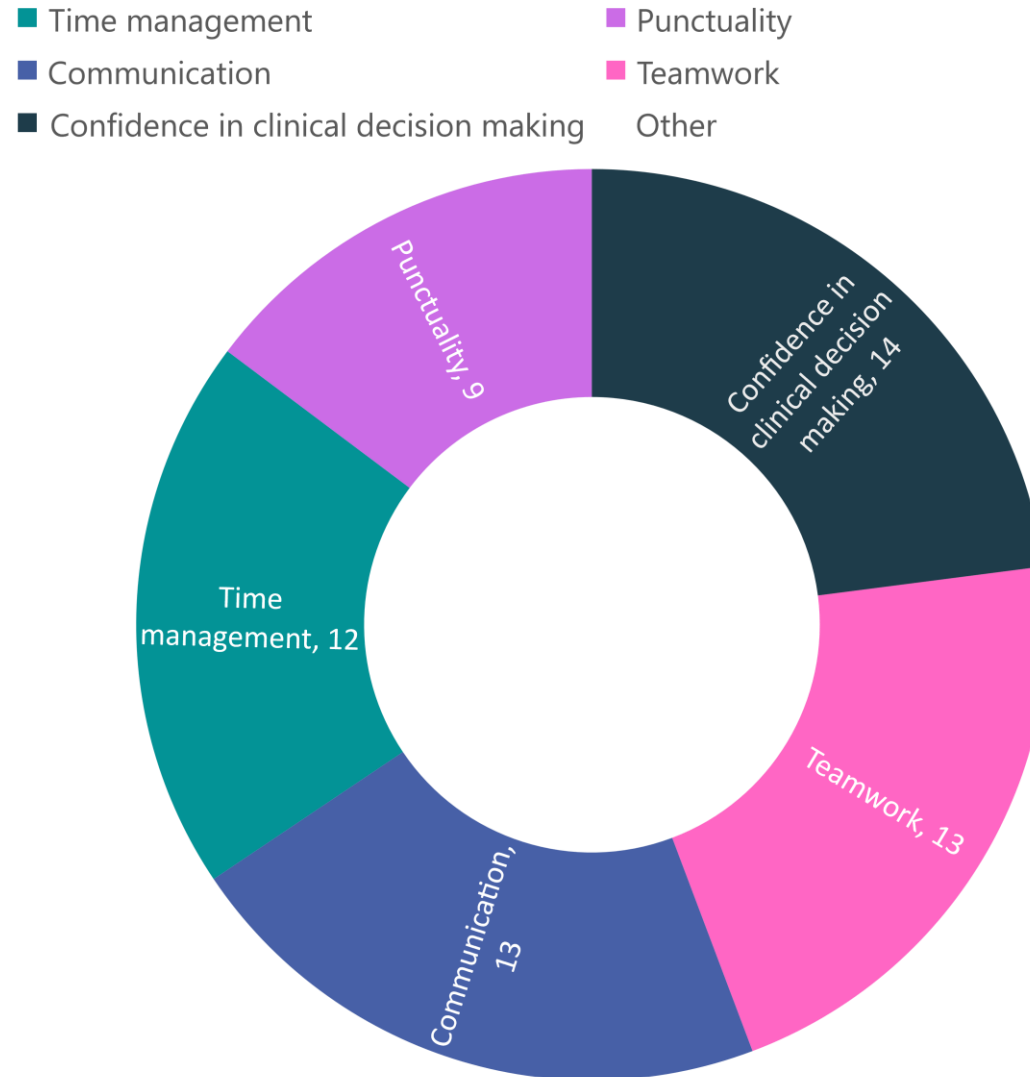
94% - TIMELY FEEDBACK FROM CLINICAL SUPERVISORS

100% - CONSTRUCTIVE FEEDBACK FROM CLINICAL SUPERVISORS

94% - HAD CLINICAL SUPPORT AS NEEDED



# Skills developed during training year



# Educational Experience

87% - AGREED THAT THE DCT POST HAD FULLFILLED THEIR EDUCATIONAL NEEDS SO FAR

81% - AGREED THAT THEIR DCT YEAR HAD BEEN SPENT IN A SUITABLE TRAINING ENVIRONMENT

81% - AGREED THAT THEY HAD ENJOYED THEIR DCT TRAINING YEAR

# Study Day Programme

94% - VARIETY OF SUBJECTS RELEVANT TO TRAINING

100% - OPPORTUNITY TO ASK QUESTIONS AT STUDY DAYS

94% - ENJOYED NETWORKING

69% - AGREED THAT THEY WOULD PREFER A COMBINED FACE TO FACE AND ONLINE STUDY DAY PROGRAMME

# Assessment

- Workplace assessment
- Review of competency progression (RCP)
- Assessment timeline

# Work based Assessments

- At least 24 SLEs in each 12 month period.
- Must vary to cover curriculum and should capture the breadth of training experiences.
- Different types (CBD, mini CEX, DOPs)
- With as many different trainers as is practical.
- A multi source feedback is expected

# Review of Competency Progress (RCP)

- Formal process
- A panel assesses evidence provided by the trainee and makes judgements on progress against the expected learning outcomes
- IRCP 3 March 2026
- FRCP 4 August 2026

# Timelines

- Self assessment, PDP and initial appraisal with ES
- Interim RCP – Tuesday 3 March 2026
- Final RCP – Tuesday 4 August 2026

# Benchmark

- Completion of a minimum of 24 SLEs
- Completion of a clinical governance/quality improvement project
- Submission of a current PDP and progress against that PDP.
- Study Day attendance record and CPD log
- Completed MSF
- Evidence of satisfactory patient feedback
- Evidence of formal sign-off of the trainee's period of training by the Educational Supervisor
- At least 1 SLE – Developing the Clinical Teacher



# RCP Outcomes

- Outcome 1: successfully achieved the predefined competence and other requirements of the post.
- Outcome 2 (IRCP only): Development of specific competences/capabilities required – Additional training time not required
- Outcome 3: Inadequate progress – Additional training time required
- Outcome 4: Released from training.
- Outcome 5: Incomplete evidence presented

We are here to support you!

