Professional Support & Wellbeing (PSW) provides confidential 1 to 1 support to doctors and dentists in training with a range of circumstances that may develop during their training.

1 to 1 meetings are usually an hour meeting via zoom or in person with a case manager. Case managers will then provide recommendations and referrals based on your situation.

Recommendations include:

- Educational Assessments for Dyslexia
- Coaching
- Mentoring
- Occupational Health Referral
- Wellbeing Resources

To refer a trainee or access support please complete our referral form

Reasons Trainees Seek Support: