

Introduction to Human Factors

1-day course

Course objectives

This course will:

- Build on existing Human Factors knowledge specific to working in your organisation
- Ensure consistency of understanding; what does Human Factors mean to your organisation?
- Explore different models of safety & risk across the spectrum of working practice; balancing the focus of rule based and adaptive working
- Help you understand the impact of stress and cognitive load on decision making and how we can perform at our best under pressure
- Discuss a model for graded assertiveness to address hierarchy gradients and improve communication
- Discover the key components of High Performing Teams

Date

Tuesday, 19 November 2025
09:30-16:30

Location

Beechill House, 42 Beechill Road,
Belfast, BT8 7RL

CPD points

6 provided for full attendance

Booking contact

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Delivered by



Specialists in Human Factors & High Performing Teams