

# Introduction to Human Factors

## Course objectives

### This course will:

- Build on existing Human Factors knowledge specific to working in your organisation
- Ensure consistency of understanding; what does Human Factors mean to your organisation?
- Explore different models of safety & risk across the spectrum of working practice; balancing the focus of rule based and adaptive working
- Help you understand the impact of stress and cognitive load on decision making and how we can perform at our best under pressure
- Discuss a model for graded assertiveness to address hierarchy gradients and improve communication
- Discover the key components of High Performing Teams

## Date

Wednesday, 19 November  
2025  
09:30-16:30

## Location

Beechill House, 42 Beechill Road,  
Belfast, BT8 7RL

## CPD points

6 hours  
GDC Development outcomes  
A, B & D

## Delivered by

