

# Certificate in Foundation Dentist Dental Nursing Programme

**Tuesday 21 October 2025**  
**09:30-15:45**

## Join Zoom Meeting

<https://nimdta.zoom.us/j/89422162377?pwd=VtT6y8ZKuaJbzXcRKCaIJrwow82R7b.1>

**Meeting ID:** 894 2216 2377

**Passcode:** 394691

Session 1		
09:30	<p><b>Health Literacy</b></p> <p><b>Aim</b></p> <ul style="list-style-type: none"> <li>To gain critical awareness and knowledge of health literacy.</li> <li>Advanced communication skills in relation to health literacy in health professional – patient interactions.</li> <li>Sustainability of skills developed and application in practice.</li> </ul> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>Inform and educate – Professionals know about health literacy problems, their impact and interventions to tackle health literacy problems.</li> <li>Teach communication skills – Professionals develop patient centred communication skills to address problems with health literacy.</li> <li>Support behaviour change – Professionals adopt, change and maintain behaviour to address health literacy problems.</li> </ul> <p><b>Learning Content</b></p> <ul style="list-style-type: none"> <li>Awareness of health literacy - <i>Understand what health literacy is, including the of impact low health literacy</i></li> <li>Self-management to enhance critical health literacy - <i>Understand how to critically appraise health information to assess its effectiveness to deliver health messages</i></li> <li>Shared decision making to enhance interactive health literacy - <i>Understand how to apply communication techniques to enhance people's health literacy</i></li> <li>Sustaining health literacy focused communication - <i>Apply and review communication techniques to improve your health literacy skills.</i></li> </ul> <p><b>GDC Development Outcomes A &amp; D</b></p>	<p><b>Jacqueline O'Hagan</b> Health City Co-ordinator, Belfast Health Cities, Belfast</p>
11:00	<b>Break</b>	
Session 2		
11:15	<p><b>Dementia Awareness</b></p> <p><b>Aims</b></p> <ul style="list-style-type: none"> <li>Increase knowledge and understanding of dementia.</li> <li>Increase your confidence to be able to support people living with dementia.</li> </ul> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>Enhanced knowledge of dementia.</li> <li>Be able to identify vulnerable customers and understand their needs.</li> <li>Confidence in interacting effectively with people living with dementia.</li> <li>Provision of better access to services by making small changes.</li> </ul> <p><b>Learning Content</b></p> <ul style="list-style-type: none"> <li>Dementia – What is dementia, causes of dementia, signs &amp; symptoms.</li> <li>How dementia can impact memory.</li> <li>Person-centred approach.</li> <li>Communication tips.</li> <li>Environmental considerations.</li> <li>Local Alzheimer's Society Services &amp; Support.</li> </ul>	<p><b>Melanie Witherall</b> Alzheimer's Society</p>

13:00	Lunch	
<b>Session 3</b>		
13:45	<p><b>What Can Your Pharmacy do for You</b></p> <p><b>Aim</b> To provide information for dentistry in relation to services available to patients from community pharmacies.</p> <p><b>Objectives</b> Outline community pharmacy service such as:</p> <ul style="list-style-type: none"> <li>• Pharmacy First Minor ailment scheme.</li> <li>• Medication Use Review.</li> <li>• Smoking Cessation Scheme.</li> <li>• Identify what over-the counter medicines are and outline the indicators for use.</li> <li>• Highlight safety concerns, namely: cautions, contraindications, interaction profile and abuse/misuse potential.</li> <li>• Appreciate the evidence base (evidence of effectiveness).</li> </ul> <p><b>Learning Content</b> This training session is intended to create an awareness and understanding of the role of community pharmacists and how/when dental professionals may signpost patients to a community pharmacy. It is also intended to increase awareness about over-the-counter medicines in a dental context, thereby helping to ensure safe and effective recommendations of such medicines to the public by the dental team.</p> <p><b>GDC Development Outcome C</b></p>	<p><b>Aaron R J Hutton</b> Lecturer in Pharmaceutics, School of Pharmacy &amp; Pharmaceutical Sciences, Ulster University</p>
15:00	Break	
<b>Session 4</b>		
15:15	<p><b>RoC</b></p> <p><b>Aim</b> To equip dental professionals with the knowledge and practical strategies to effectively build and maintain a Record of Competency required for the Foundation Dentist Dental Nursing course.</p> <p><b>Objectives</b> By the end of the session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Identify key components that should be included in a RoC.</li> <li>• Apply best practices for documenting learning and development activities.</li> <li>• Reflect on personal learning and professional growth through RoC entries.</li> </ul> <p><b>Learning Content</b> This training session is intended to create an awareness and understanding of the requirements of the ROC.</p> <p><b>GDC Development Outcomes: B</b></p>	<p><b>Stacy Topping</b> Dental Continuing Education Co- ordinator, NIMDTA</p>
15:45	Finish	