

Low and non-foaming toothpastes

Some toothpaste contains **Sodium Lauryl Sulphate (SLS)** which helps make the toothpaste foam during brushing. SLS can also cause dryness and irritation to the lining of the mouth. There are low-foaming toothpastes available (SLS free) that are safer and more comfortable to use for patients with dysphagia, or those with a dry or sore mouth.

Below are some examples of non-foaming toothpastes. This list is not exhaustive.

Corsodyl:

- Gentle Whitening
- Whitening
- Original
- Fresh Mint
- Extra Fresh
- Ultra Clean

Sensodyne:

- True White Mint/Extra fresh
- Extra Fresh gel
- Daily Care Original/Extra Fresh/Gentle Whitening
- Repair and Protect/Whitening/Extra Fresh
- Complete Protection/Extra Fresh
- Pronamel Gentle Whitening/Daily Protection/Strong & Bright Enamel/Multi Action/Extra Freshness

Biotene toothpaste

- Gentle mint
- Fresh mint

BioXtra dry mouth mild toothpaste

Lidl Dentalux toothpastes

OraNurse unflavoured toothpaste

Oralieve ultra mild toothpaste

UltraDEX low abrasion toothpaste

OHP Free (Green)

AnOxidant Balance